

Catch 7he Spirit!

Inspira Health
Network
recognizes the
uniqueness of
women and the
influence that they
hold over the
health of their
families.

That's why we created the Inspira Spirit of Women membership program to promote health and well-being of mind, body, and spirit.

Health is action!
Act now! Become
a Spirit of Women
member and catch
the spirit!

To become a member of Inspira Spirit of Women please call: 1-800-INSPIRA

November 2014

Dear Neighbor:

I'd like to share some exciting developments with you that are changing the way we provide health care in your community. As Inspira Health Network continues to grow, we're dedicated to introducing new technologies that are helping us to fulfill our mission: to improve the health of all our neighbors.

We have recently added two new technologies at Inspira Medical Center Vineland that will allow us to provide even better care for you and your family. I am particularly excited that 3D mammography is now available to women here in our community. It is an extraordinary breakthrough in cancer screening and detection. It delivers greater clarity, more certainty and is bringing a new dimension to breast health.

3D mammography allows doctors to see breast tissue detail in a way never before possible to help find breast cancer at its earliest stages, when it is most treatable. It is also detecting significantly more invasive cancers than digital mammography alone. And, data indicates that it has the potential to reduce the need for follow-up breast exams.

Another amazing technology that we've made available here at Inspira Medical Center Vineland is robotic surgery. Since introducing our robot four years ago, hundreds of patients have received the benefit of this minimally invasive approach to surgery. Now our experienced team of surgeons is among the first in our region to offer a new robotic technique that requires even less invasive incisions: single-site robotics.

During single-site procedures, your physician controls all of the robotic surgical equipment through one tiny incision. The incision is commonly made through the belly button, which means that many patients have no visible scars after surgery. Single-site robotic surgery can be used for a variety of procedures, which means that many of our neighbors right here in our community can benefit from receiving surgery at Inspira using the least invasive techniques possible.

We make these services available to you and our neighbors because that's the Inspira mission: to provide quality health care for everyone in our community. Please feel free to call me at (856) 641-7505 for more information or visit our website at www.InspiraHealthNetwork.org.

Sincerely,

Elizabeth A. Sheridan, RN, MA, FACHE

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Inspira Medical Center Vineland Chief Operating Officer and Chief Nurse Executive